



VIRGINIA FC (VAFC) RETURN TO PLAY GUIDELINES

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread from infected persons, including individuals without disease symptoms. As a result, federal, state, and local governments and federal and state health agencies recommend COVID-19 safety guidelines in order to minimize the risk of COVID-19 entering our environment. VAFC will adjust procedures and policies outlined in this document as needed in order to stay compliant with such guidelines.

The health and well-being of our staff and athletes remains our top priority. Therefore, VAFC has established these Return to Play Guidelines. VAFC has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in our buildings and indoor fields; however, we cannot guarantee that you or your child(ren) will not become infected with COVID-19. Therefore, a signed COVID-19 waiver must be provided for each player prior to participating in any VAFC activities and/or events and everyone must also adhere to all the requirements outlined below.

All participants (players, parents, spectators, staff, coaches, etc.) in VAFC sponsored activities at related training, games, or events must agree to and abide by the following:

- Do NOT attend if feeling sick for any reason
- Check temperature at home and do NOT attend with a temp greater than 100.4
- Random/non-invasive forehead temperature checks
- Wash clothes and sanitize personal equipment before/after training
- Players must wash hands at home before/after training
- Players should keep hand sanitizer in their bags for use before/after training
- Do NOT share any food/drink items or equipment (especially water bottles)
- Place all equipment/personal bags at least 6 feet apart
- Limit close contact and no handshakes, high fives, or related celebration activities
- Maintain 6 feet safe social distancing measures when possible
- Spectators must wear a mask inside all VAFC buildings (unless exempted for health reasons)
- Follow all guidance of staff/referees/coaches, as well as any posted guidelines

COVID-19 Reporting Guidelines:

- Notify a coach/staff member immediately if player becomes/feels ill for any reason so that they can be safely isolated until removed by a parent/guardian
- Any participant who tests positive for COVID-19 or are suspected of being positive must report it to Kevin Darcy, VAFC Sporting Director - kdpremieresports@gmail.com
- Before returning, a min of 14 days must pass along with 72 hours of no symptoms without meds and attain a negative COVID-19 test result

I acknowledge/agree to follow these Return to Play Guidelines and have shared this info with my child/player.

Parent/Guardian Name

Minor Child(ren) Participant's Name

Parent/Guardian Signature

Date



**COMMUNICABLE DISEASE
RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT**

In consideration of being allowed to participate on behalf of the Virginia FC (VAFC), events or program (the 'Program') including, but not limited to, events and activities, observation or use of facilities or equipment, participation in or acting as a spectator during any program (collectively 'Participation'), the undersigned acknowledges, appreciates, and agrees that, on behalf of him or herself and any of his or her minor children:

1. I am aware there are risks of exposure to directly or indirectly arising out of, contributed to, by, or resulting from an outbreak of any and all communicable disease, including but not limited to, the virus "severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)", which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof, as a result of my Participation in the Program.
2. I am aware that my Participation or that of my minor children includes a risk of possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19; and that while particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
3. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my Participation and the Participation of any of my minor children; and,
4. I willingly agree, on behalf of myself and any of my minor children, to comply with the stated, reasonable, and/or customary terms and conditions related to my Participation—and that of my minor children—as regards protection against infectious diseases; and if I observe any unusual or significant hazard during my presence or participation, I will remove myself and my minor children, as appropriate, from Participation and bring such hazard to the attention of the nearest official immediately; and,
5. I, for myself and on behalf of my heirs, assigns, personal representatives, children and next of kin ('Releasers'), HEREBY RELEASE AND HOLD HARMLESS VIRGINIA FC (VAFC) or any parent organization, its officers, officials, agents, consultants, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ('Releasees'), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Name	Age	Participant's Signature (if over 18 years old)	Date

FOR PARENTS/GUARDIANS OF PARTICIPANT OF MINOR AGE (UNDER AGE 18 AT TIME OF REGISTRATION):

This is to certify that I, as parent/guardian with legal responsibility for the below-named minor child participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself and for the other Releasers I do hereby release and agree to indemnify and hold harmless the Releasees from any and all liability incidents to my minor child's involvement or Participation in the Program as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

Parent/Guardian Name	Minor Child(ren) Participant's Name

Parent/Guardian Signature	Date